

Intake for CPAM 1110

Your name (please print): _____

SEU Program (check one): Traditional Undergraduate
 New College student

Classification (check one): Freshman Sophomore Junior Senior

SEU Major: _____

Why did you register for this class?

Select the Career Planning and Management track that meets your needs.

Check **ALL** items that apply to you. It is okay to select items from more than one track:

Track I - Self Assessment (Learn about yourself: personality, skills, values, interests)

- I don't have a major; I'm undecided
- I don't know what I want to do with my life after college
- I'm interested in more than one area of study and I don't know which one to choose
- I have a major, but I'm not sure if it's right for me
- I want to learn more about myself: personality, interests, skills, values
- I've selected a major and a career, but I think I made the wrong decision
- I've selected a career or major, but I can't decide on a specialty area
- I'm thinking of changing careers or majors
- I can't make up my mind about anything and I feel pressure to make a decision

Track II – Career Exploration and Experience (Learn about career options and experiential learning opportunities)

- I don't know which careers match my personality, interests, skills, & values
- I want to research different careers and/or majors
- I like the arts (art, music, theater, photography, writing), but I don't know if I can earn a living with this career
- I want to learn how to research SEU major fields of study
- I've chosen a major or career, but I don't know what kinds of jobs I can get with my selection
- I'm a _____ major, but I don't know what you can do with this degree
- I don't know how to conduct an information interview to research careers and experiential opportunities
- I want to know how to use the Internet to do career exploration
- I don't know where to find internship opportunities
- I need help researching study abroad opportunities
- I want to learn about out-of classroom experiential opportunities
- I want to volunteer to get experience in my field
- I want to learn how to network while doing career exploration and experiential learning

Track III – Job Search (Learn how to conduct an effective job search)

- I don't have a resume
- I have a resume, but I want it reviewed
- I want to learn resume writing strategies
- I need to develop my business etiquette: professional dress, dining, telephone skills, handshake, greetings and introductions)
- I want to learn more about networking
- I want to learn how to write a cover letter
- I want to learn how to secure business references and create a Reference document
- I'm petrified of job interviews
- I need to develop my interview skills
- I want to learn about salary negotiation on a job interview
- I want to know if Career Fairs are helpful in the job search process
- I want to learn how to apply for a job (or internship) on-line
- I want to learn about the effectiveness of internet "job banks", such as monster.com
- I'm interested in a particular job (or internship) and I want help in pursuing this opportunity
- I need help searching for jobs (or internships) in the area of _____
- I want to learn how to research companies
- I've been out of the job market for an extended time
- Most of my work experience is in a different field from the type of job I am now pursuing
- I plan to move to another city/state/country and I want to learn more about long distance job search

Track IV – Graduate/Professional School Preparation (Learn about graduate/professional school professional school preparation, planning, and application process)

- I'm planning on going to Medical School, or Law School, or Dentistry, or Pharmacy, or other _____ (Circle one or fill in blank)
- I'm planning on going to graduate school right after my undergraduate degree
- I want to learn how to research graduate schools
- I want to learn how to research professional schools (Medical school, etc.)
- I want to learn what I need to be doing experientially during my undergraduate years to apply to graduate or professional school
- I need help with a Personal Statement or Admissions Statement for graduate or professional school
- I want to research Graduate and Professional Examination Preparation programs (for GRE, LSAT, etc.)
- I want to learn more about resources on the internet for graduate and/or professional school planning and preparation
- I want to learn more about resources at St. Edward's for graduate and/or professional school planning and preparation

FEEL FREE TO ADD YOUR PERSONAL OBJECTIVES IN THE SPACE BELOW IF THEY WERE NOT INCLUDED IN THE ABOVE LIST.